

Spring Into Health EXPO

Saturday, April 29

9:00 a.m. - 12:00 p.m.

at Burnett Medical Center

Join us for a day focused on the
health and wellness for the entire family!

**Kids Activities | Exhibitors | Door Prizes
Giveaways | Free Classes | Open Walk-In Clinic**

Visit our Exhibitors!

- Aging & Disability Resource Center
- Allina Health Minneapolis Heart Institute
- BMC Family Practice Clinic, Diagnostic Imaging, Human Resources, Dietary, Continuing Care Center, Social Services and Surgical Services
- Michelle Arneson, Tobacco Cessation
- Burnett County DHHS - Public Health
- Burnett County Sheriff's Office
- Burnett County Family Resource Center
- Grantsburg Fire Department
- Interfaith Caregivers of Burnett County
- Medica Insurance
- North Memorial Ambulance
- Pine City Medical Supply
- Rays of Hope
- Regional Hospice Services
- Rise & Shine Coffee Co.
- St. Croix Hospice
- Wood River Pharmacy
- Youth of Burnett County Prevention Coalition

Try a Class!

- Michelle Arneson, Tobacco/Vaping Cessation presentation at 9:30 a.m.
- Cooking Demonstration & Tasting, presented by a Cura Chef at 11 a.m.

Fun Kids Activities!

- North Memorial Helicopter and Ambulance (weather permitting)
- Grantsburg Fire Truck (weather permitting)
- Burnett County Police Car (weather permitting)
- Face Painting
- Bouncy House provided by Get It Done Services & Rental
- And More!

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 **BURNETT**
MEDICAL CENTER