

HOMETOWN HEALTH



A publication from your healthcare professionals at BURNETT MEDICAL CENTER



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13th-Annual Burnett Medical Center Foundation Valentines Brunch

On Sunday, February 5, 2023, the Burnett Medical Center Foundation hosted its 13th-annual Valentine fundraiser at The Lodge at Crooked Lake in Siren, Wisconsin to benefit healthcare in our area. This year we made some exciting changes where we hosted an afternoon brunch instead of a dinner.

The Burnett Medical Center Foundation would like to thank the many businesses who graciously sponsored tables and/or donated to the silent auction, and to the many community members who attended to support the brunch. The Valentine's brunch was a success and the generous support of individuals like you makes it possible for the Burnett Medical Center Foundation to exist and to make the community a great place to live.



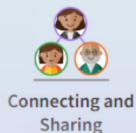
Throughout our 13 years of operation, we have been able to raise over \$315,000 to fund many improvements that the Medical Center would not otherwise have been able to accomplish. This would not be possible without people like you, people who give! This year's event raised money to purchase a new DEXA machine for the Diagnostic Imaging department.

Again, thank you for your support in helping further assure the access of quality healthcare close to home.



An EPIC Upgrade Coming to BMC

What You Can Do With MyChart



Connecting and Sharing



Health



Messaging



Scheduling and Appointments



Payment and Insurance



Preferences



Mobile Features

BMC has decided to change our Electronic Medical Record system to an EPIC system. This decision was made because of the many great patient benefits leading to better patient care, improved workflows, and increased employee satisfaction.

The EPIC system provides seamless communication between BMC and tertiary care facilities so if you receive care from another healthcare facility that has an EPIC system, your patient information will be available instantly.

Another great feature of EPIC is the addition of MyChart, an easy

and secure way to view your health information online. Whether you're at work, on the road, or at home, you can view test results, messages from your doctor, and your key medical information. You can even access your family's records and schedule your next appointment online. Here are some of the highlighted features of MyChart:

- **Schedule appointments:** Schedule, reschedule and cancel appointments.
- **Instant test results:** No more waiting for a phone call or letter. View your results and your doctor's comments.

- **Pay bills online:** Access and pay your copays and bills from a computer or mobile device.
- **Request prescription refills:** Send a refill request for any of your refillable medications.
- **Telehealth visits:** Have an appointment with your provider from the comfort of your home.
- **Quick registration:** Check in, confirm, and sign any paperwork for your appointment before you are even in the building.

The implementation of EPIC and MyChart will be coming in November 2023.

UPCOMING EVENTS

Race Registration Open!

Burnett Medical Center is sponsoring the 2023 BMC's Go for the Gust event during Grantsburg's "Big Gust Days". This event includes a 5k, 10k, half marathon, and virtual run option.

Burnett Medical Center donates all the race's profits and this year's race recipient is the Grantsburg Public Pool.

Register online at raceentry.com, click 'find races' and search 'gust'. **Everyone who pre-registers by Friday, May 5 will receive a moisture wick t-shirt—so register early!** Sorry, no refunds. Virtual registration is online only, and shirts must be picked up at Burnett Medical Center by the participant.



Drug Take Back Day Saturday, April 22, 2023

Burnett Medical Center and the Grantsburg Police Department will be participating in Wisconsin's Drug Take Back Initiative from 9am-noon on Saturday, April 22nd, 2023. The goal is to provide a safe, convenient, and responsible means of disposal of prescription medications, while also educating the public about the potential for abuse of these medications. Anyone is welcome to come and safely and anonymously dispose of unused or expired medicines and controlled substances.

Parkinson's Disease Support Group

Do you or someone you know have Parkinson's Disease? Join the local Parkinson's Disease Support Group on April 19th, 2023, from 11:30am – 1:30pm, at Burnett Medical Center's Wood Lake Conference Room.

The support group will gather on the third Wednesday of every month. The meetings will be facilitated by Physical Therapist, Abby Anderson.

Please join us for refreshments, group discussions and topical speakers. Come and meet others who have Parkinson's Disease or care for someone who does – let's all support each other on this journey!



Spring Into Health EXPO

Saturday, April 29

**9:00 a.m. - 12:00 p.m.
at Burnett Medical Center**

Join us for a day focused on the
health and wellness for the entire family!

**Kids Activities | Exhibitors | Door Prizes
Giveaways | Free Classes | Open Walk-In Clinic**

Visit our Exhibitors!

- Aging & Disability Resource Center
- Allina Health Minneapolis Heart Institute
- BMC Family Practice Clinic, Diagnostic Imaging, Human Resources, Dietary, Continuing Care Center, Social Services and Surgical Services
- Michelle Arneson, Tobacco Cessation
- Burnett County DHHS - Public Health
- Burnett County Sheriff's Office
- Burnett County Family Resource Center
- Grantsburg Fire Department
- Interfaith Caregivers of Burnett County
- Medica Insurance
- North Memorial Ambulance
- Pine City Medical Supply
- Rays of Hope
- Regional Hospice Services
- Rise & Shine Coffee Co.
- St. Croix Hospice
- Wood River Pharmacy
- Youth of Burnett County Prevention Coalition

Try a Class!

- Michelle Arneson, Tobacco/Vaping Cessation presentation at 9:30 a.m.
- Cooking Demonstration & Tasting, presented by a Cura Chef at 11 a.m.

Fun Kids Activities!

- North Memorial Helicopter and Ambulance (weather permitting)
- Grantsburg Fire Truck (weather permitting)
- Burnett County Police Car (weather permitting)
- Face Painting
- Bouncy House provided by Get It Done Services & Rental
- And More!

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*To all the exceptional providers
who go above and beyond for
our patients every day of the
year!*





Dr. Ulland, General Surgeon



Dr. Kelsen, Orthopedic Surgeon

COMING SOON! GENERAL SURGERY & ORTHOPEDICS

BMC is excited to welcome Dr. Ulland, General Surgeon,
& Dr. Kelsen, Orthopedic Surgeon

Dr. Ulland, General Surgeon

Dr. Ulland was born and raised in Minnesota and ever since he was a child, he admired physicians who were surgeons. After his first surgical rotation in medical school, he knew surgery was for him. He attended medical school and completed his residency at the University of Minnesota. He is board certified in Surgery and is a member of the American College of Surgeons.

He currently lives in Northwestern Wisconsin and has one adult daughter. He admires living in small towns and the lakes in the area so he can go rowing in the summer. In the winter months, he enjoys playing classical and acoustic blues on his guitar for hours. Other hobbies include agate collecting and reading broadly.

Dr. Kelsen, Orthopedic Surgeon

Nicole was born and raised in Minnesota and completed her undergraduate training at the College of St. Benedict in St. Joseph, Minnesota. Medical school took her to Des Moines, Iowa, and she then went on to complete residency training in Detroit, Michigan. After residency, Nicole traveled to Seattle, Washington for an additional year of fellowship training.

Following her medical training, she practiced in Green Bay, Wisconsin for four years, and then returned to Minnesota to practice orthopedics in her home state. She is board certified as an Orthopedic Surgeon and has been since 2017.

Nicole has a husband and two sons. She enjoys reading, hiking, gardening, and bird watching. She's excited to be back working and practicing orthopedics in Wisconsin.

Surgical Services

When you have a same-day or inpatient surgery at Burnett Medical Center, you have the advantage of being cared for by experienced, specially trained surgeons here in Grantsburg WI, and the convenience of recovering close to your home and loved ones.

Our surgical team is composed of experienced visiting surgeons, including specialists from the Twin Cities, Certified Registered Nurse Anesthetists (CRNA), Registered Nurses, Surgical Technologist, and a Certified Reprocessing Attendant. Additionally, Family Practice Physicians, Nurse Practitioners, Physician Assistants, and other Surgical Assistants are utilized if needed. They are focused on providing a safe, comfortable surgical experience, leading to a swift recovery closer to home.

Our surgical services include:

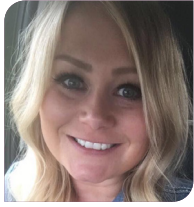
- Ear, Nose and Throat
- Ophthalmology

- Endoscopy
- Orthopedics

- General Surgery
- Podiatry

- Gynecology

MEET OUR SURGICAL TEAM



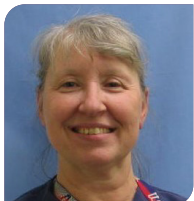
Jessie is a Surgical RN in our Surgical Services Department. She is knowledgeable about the whole surgical process, from preoperative care to postoperative care. She enjoys teaching patients how to prepare for surgery and how to take care after. Jessie is also “on call” after hours in case of emergency. Jessie has worked here for 11 years and always puts her patients first.



Janessa is a Sterile Processing Technician, CRCST, in our Surgical Services Department. She recently received her certification as a Certified and Registered Central Service Technician (CRCST) and has an important role to wash and sterilize the instruments being used in each surgery. She has been with BMC for 3 years and loves her job because she gets to watch a variety of surgeries.



Renee is a Certified Surgical Technologist in our Surgical Services Department. Her role is to prepare the operating room, prepare patients for surgery, and assist the surgeon during the operation. She has been with BMC for 7 years and loves her job because she gets to be a part of improving a patient’s quality of life.



Jody is a Certified Surgical Technologist in our Surgical Services Department. Her role is to prepare the operating room, assist the surgeon, and pass instrumentation during the surgery. She has been with BMC for 28 years, 24 years in the Surgical Services department, and loves her job because it’s always bringing new and better opportunities for best practice and better outcomes for the patients.



Deb has been a RN for 44 years and has been at BMC for 4 years as the Surgical Services manager. She enjoys working with the team and caring for patients through all aspects of their procedures, from scheduling to discharge. She also enjoys working with all the staff at BMC and is glad she came here.



Debbie has been a RN at BMC for 16 years. 10 years in the Medical Surgical, OB, and ED Departments and the last 6 years in the Post-Anesthesia Care Unit. She has recently received her master’s degree in nursing education because she always wanted to help people and she finds science and human anatomy fascinating.

Surgical Spotlight



*Dr. Froymovich,
Ear, Nose & Throat Specialist*

Dr. Froymovich is an Ear, Nose, & Throat specialist. He has been at BMC for over 20 years and enjoys working with adults and children to diagnose and treat various conditions of the ear, nose, throat and related structures of the head and neck. Here are a few reasons to see Dr. Froymovich:

- Sinus conditions
- Hearing loss
- Trouble sleeping
- Throat conditions
- Deviated septums



BURNETT MEDICAL CENTER

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RNs, LPNs, CNAs, CMAs, LAB TECHs

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<https://www.burnettmedicalcenter.com/career-opportunities/>

